



NORSACA
quality of life for people with autism

RESIDENTIAL INFORMATION

Location: 181 – 183 Carlton Road, Worksop, Nottinghamshire, S81 7AD
Tel: 01909 473831

Registered Manager: Wesley Williams
Email: wesleyw@norsaca.org.uk



Registered Provider: NORSACA Adult & Young Persons Services,
Eastwood House, 10 Mill Street, Clowne, Derbyshire, S43 4JN

Director: Fred Parsons
Tel: 01246 810101 **Fax:** 01246 810207
Email: fredp@norsaca.org.uk

Responsible Person: Andrea Hunter
Tel: 01246 810101 **Fax:** 01246 810207
Email: andreah@norsaca.org.uk

Mission Statement

NORSACA is a registered charity whose stated objective is:



NORSACA
quality of life for people with autism

To ensure that people resident in the NORSACA area whose lives are affected by autism or a related condition, receive services most appropriate to their needs and, as a result, enjoy the highest possible quality of life.

Regulated Activities Personal Care and Accommodation

Range of needs: People with Aspergers and Autistic Spectrum Condition and related challenging behaviours.

The Units Organisational Structure within both 181 and 183: -

- 1 Registered Manager (NVQ level IV)
- 1 Assistant Manager (NVQ Level IV)
- 3 RSW II – Full Time
- 3 RSW I – Full Time
- 2 RSW I – Part Time

Staff Experience: The staff team at 181 – 183 Carlton Road has a wealth of knowledge and experience in a variety of care settings. Training needs and requirements are monitored through staff supervisions and annual appraisals.

The criteria used for admission to 181 – 183 Carlton Road are set out in our Admissions Policy. All admissions are pre-arranged.

Carlton Road is divided into two separate houses with differing levels of support requirements in each house. The four service users residing in 183 are living semi-independently, whereas the service users residing in 181 are in need of a much higher level of support.

Relevant Qualifications of Staff Team: All permanent staff receives at least five full days training in a calendar year, they also have the option of accessing training through E-Learning.

- LDQ
- NVQ levels II, III, and IV
- DOLS
- MCA
- Referrer Training
- Autism / Asperser specific Training
- Medication
- First Aid
- Health and safety at Work
- Food Hygiene
- Speech and Language Therapy
- Fire Training
- ASPIRES – Low arousal intervention
- Risk Assessments
- Moving and Handling
- Infection Control



NORSACA
quality of life for people with autism

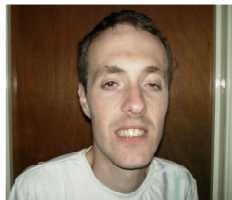
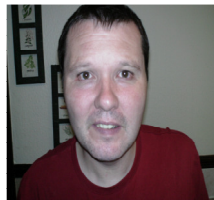
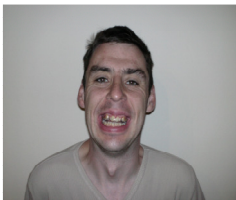
The Aspergers and Autistic Spectrum Condition within 181 & 183 Carlton Road presents itself through: -

- Lack of theory of mind
- Cognitive problems
- Difficulty in dealing with, expressing and recognising emotions
- Impairment of social skills
- Impairment in communication
- An inability to retain information
- An inability on the part of the service user to understand the impact of their behaviour and its possible effect on others.
- Inability to recognise dangers
- Challenging and ritualistic behaviours
- An inability to interact appropriately with others

Resulting in a varied range of support needs which are dealt with on an individualised basis by the Staff team through Care plans, Risk Assessments and Individual Reactive Strategies (IRS) and P.C.P's.

181 Carlton Road

Age Range / gender of Service Users: 181 Carlton Road caters for the needs of 5 male service users aged between 39 – 29.



Building Specifications:

181 Ground Floor: -

- Walled Front Garden
- Off road parking for 1 vehicle
- Entrance Hall
- TV lounge
- Kitchen / Dining room
- Music room / Relaxation Lounge
- Bedroom
- Laundry with COSHH Storage
- Office / Sleeping in room
- Enclosed back garden / Patio / Decking

The kitchen, lounge, bathrooms and gardens are all communal areas.



NORSACA
quality of life for people with autism



181 1st Floor: -

All bedrooms are private to each individual Service user. The bath and shower room are communal.

- 2 Bedroom with washing facilities
- 2 Bedrooms
- Registered Managers Office
- 1 bathroom with toilet
- 1 Shower room with toilet



183 Carlton Road

Age Range / gender of Service Users: 183 Carlton Road caters for the needs of 4 male service users aged between 39 – 35.



183 Ground Floor: -

- Walled front garden
- Off road parking for 2 vehicles
- Entrance Hall
- Lounge
- 1 En – suite bedroom
- Laundry
- Garage (Storage)
- Enclosed back garden with orchard



NORSACA
quality of life for people with autism

➤ Kitchen / Dining Room

The kitchen, lounge, bathrooms and garden are all communal areas.



183 1st Floor: -

All the bedrooms are private to each individual service user. The bath and shower room are communal.

- 3 bedrooms with washing facilities
- 1 Bathroom with toilet
- 1 Shower room with toilet



The Registered Manager administers both 181 – 183 Carlton Road on a day-to-day basis. The Registered Manager reports and is accountable to The Assistant Director and the Managing Director of



NORSACA
quality of life for people with autism

Adult and Further education services. The Registered Manager and the Assistant Manager both spend 37hrs per week on site.

All the above - mentioned are ultimately accountable to the Council management, which is made up of parents and professionals.

The aim of the staff team at 181 – 183 Carlton Road is to meet the needs, whether social, emotional, physical or spiritual, of our service users through Person Centred Planning. Care Plans are developed in concert with Day Service providers to ensure consistency of support and individualised care. The plans are tailored to focus on both autism and the service user's specific needs in a manner suitable to or on a level to the personal attainment of the individual.

The staff team at both 181 - 183 Carlton Road provides support with personal care in line with the individual support needs of the service user. These needs are documented in PCP's and individual support plans, with the emphasis being placed on the maintenance of the service user's dignity and privacy at all times. As a unit we do not provide nursing care.

181 – 183 Carlton Road offers a wide range of social activities, including meals out or trips to local clubs or pubs and theatres. Service users are supported to pursue hobbies and leisure interests of their choice in a person centred manner.

The operation of 181 – 183 Carlton Road is the overall responsibility of the Registered Manager. Views and ideas are listened to, and where possible acted upon. Our service users choose décor and colours and each individual's room is decorated to their particular requirement. Parental views are important and contribute to creating a 'home from home' for our service users.

Service users' religious beliefs are catered for. The staff team at 181 - 183 Carlton Road ensures service users are free to attend religious services of their choice. Where service users are unable to attend religious Services unsupported a staff member is designated to support them.

We cater for service users individual dietary needs – ethnic and vegetarian meals are incorporated into the weekly menus of which service users are supported by staff with menu choices on a daily basis. The choices are presented in verbal, written and pictorial format.

181 – 183 Carlton Road has excellent parental liaison. Parents / carers attend reviews and have regular telephone contact with the key worker and other staff members whenever required. Arrangements are made for home visits, which are appropriate for both the service user and their families.

If there are any complaints, these can be made in person to the Registered Manager, who will in turn provide people with a copy of the organisations Complaints Procedure. People may also contact the



NORSACA
quality of life for people with autism

LGO direct. The number and address is readily available through the administration department. Copies of the Complaints Procedure and the telephone number and address are displayed on the walls of both 181 - 183 Carlton Road, in the entrance halls.

All service users at 181 – 183 Carlton Road have at least one PCP review annually: others may be more frequent. These are attended by parents, key workers, day service and residential team members and the relevant Social Service Department representatives and any other invited party with an interest in the individual. Agreed actions from reviews are undertaken with checks on progress at subsequent reviews.

The Managers and staff members at 181 – 183 Carlton Road are able to draw on outside service providers when required to do so to provide Psychology and Speech & Language Therapist services, who are independently contracted to ensure regularity and continuity. Access to Epilepsy, Diabetic and Dietary consultants are gained through G.P's referral.

The fire precautions and procedures are displayed around 181 – 183 Carlton Road. We are inspected annually by Nottinghamshire Fire and Rescue Service and have two designated and trained members of staff who undertake the role of Fire Marshals. All staff are trained in fire prevention and undertake weekly inspections and checks. All staff undergo fire training every six months and all service users take part in a fire evacuation at least once a month.

Maintaining the privacy and dignity of the service users we support is paramount. The Managers ensure that this is sustained and organise regular support time with each staff member to ensure good practice. The well being and personal development of our service users is our under laying ethos. All service users are given the time and respect to achieve their particular level of attainment. We promote the right to choice, equality and diversity, opportunity, support and with careful consideration regarding support and planning and risk management.