



NORSACA
quality of life for people with autism

8 February 2010 – For Immediate Release

Autism and play event

Celebrating World Autism Awareness Day

To mark World Autism Awareness Day local charity NORSACA is holding an Autism, Play and Leisure conference to give parents and professionals more information about leisure activities and autism.

The event is an opportunity for parents and professionals to learn about how organisations have successfully offered play and leisure activities to children with autism. Workshops will include drumming, information on including risk in play and a presentation by NORSACA's Play Project Co-ordinator.

The event takes place on Friday 16th April between 9.00am and 3.30pm at the ICCA on Hucknall Road, Nottingham. Tickets cost £20 for NORSACA members, £28 for non-members and £55 for professionals. For more information on the event and NORSACA membership please contact the charity on 0115 976 1805.

Dawn Franklin, NORSACA's Play Project Co-ordinator said: "Over the last year we've helped young people with autism gain self-confidence and try out lots of new activities including climbing and kayaking down the river Trent. We've organised this conference to share what we've learnt from these events and help other organisations to make their events autism-friendly."

World Autism Awareness Day (2nd April 2010) brings together autism organisations from around the world to raise awareness and give a voice to the millions of individuals around the world who are undiagnosed, misunderstood and looking for help.

To mark the date, NORSACA have planned a month of activities. As well as this conference these include a number of play activities for children and a Transitions Event to allow young people and parents to find out what support is available for their children when they leave school and begin their adult life.

- Ends -

Note to Editors:

NORSACA (Nottingham Regional Society for Adults and Children with Autism) is a registered charity (No. 517954) and a company limited by guarantee (No. 2053860). The Society was started on the initiative of a group of parents in 1968 and today is still led by the parents and friends of people with autism.

Each year NORSACA delivers services to over 500 people with autism, or affected by autism. The people who benefit from NORSACA's work principally come from the East Midlands and South Yorkshire.

Autism is a complex, life-long disability which affects the development of communication, social and life skills.

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