



**NORSACA**  
quality of life for people with autism

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## **Celebrating Success**

Young people with autism celebrated their achievements at an awards day last Friday (14 May 2010) held at Notts County Football Club. The event was organised by autism charity NORSACA, to mark the first year of a comprehensive calendar of play and leisure activities for young people with autism.

The activities organised have included an adventure club where young people can try their hands at climbing, canoeing and sailing, overnight trips away and a weekly independence club.

Lewis Mitchell, 16, of Cantrell Road, Bulwell is a pupil at Bulwell Academy and was awarded the outstanding achievement award for the most improved member of the team. He participated in every event he could and over the year his social skills developed hugely.

Dawn Franklin, Play Project Co-ordinator at NORSACA said, *"It was great to see all the young people and families celebrating the amazing achievements they've all made over the last year. The mass conga around the dance floor was an impressive sight too!"*

NORSACA is the charity that works with adults and children with autism from across Nottinghamshire, Derbyshire, surrounding counties and beyond. For more information on the charity and how to support its work please call the Bestwood Village office 0115 976 1805 or visit [www.norsaca.org.uk](http://www.norsaca.org.uk).

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**Note to Editors:**

NORSACA (Nottingham Regional Society for Adults and Children with Autism) is a registered charity (No. 517954) and a company limited by guarantee (No. 2053860). The Society was started on the initiative of a group of parents in 1968 and today is still led by the parents and friends of people with autism.

Each year NORSACA delivers services to over 500 people with autism, or affected by autism. The people who benefit from NORSACA's work principally come from the East Midlands and South Yorkshire.

Autism is a complex, life-long disability which affects the development of communication, social and life skills.

**For further information contact:**

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